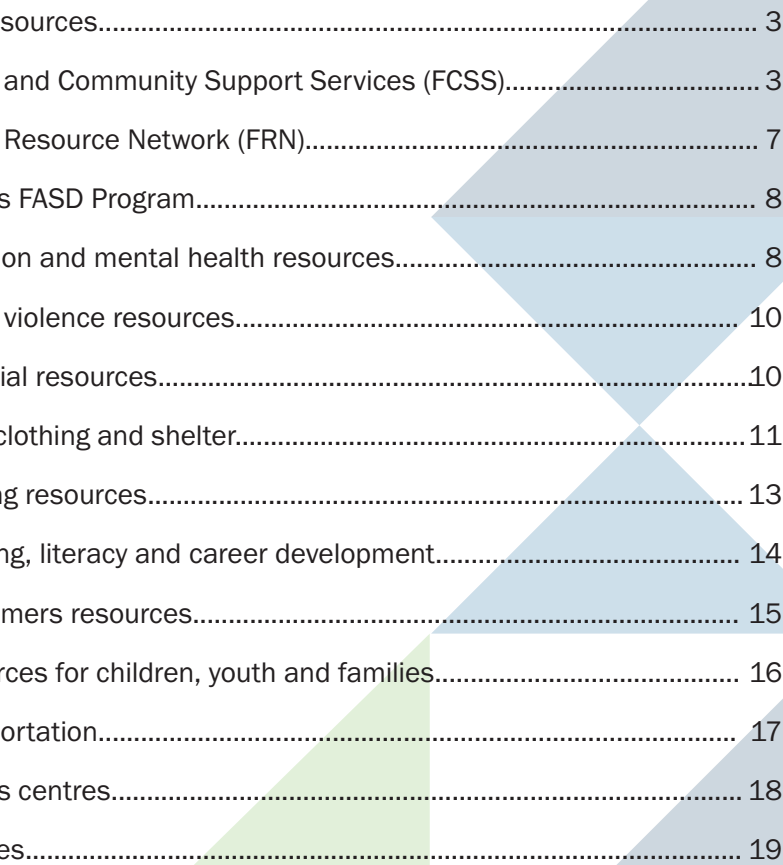




Community resource guide

2025 - 26

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Leduc County makes every effort to ensure content displayed in this listing is accurate; however, it is not responsible for any errors. This listing is not exhaustive, and users are advised to call 2-1-1 for additional resources.

211

Need Help? Call 2-1-1.

211 is a free and confidential service that helps Albertans find the right resource or service for whatever issue they need help with, at the right time. 211 is available 24/7 by phone, text and chat and available in over 170 languages over the phone.

▶ ab.211.ca

Leduc County Family and Community Support Services (FCSS)

Serving Leduc County, New Sarepta, Calmar, Thorsby and Warburg

Connect with us

- ▶ 780-979-2385 or toll-free 1-888-301-FCSS
- ▶ fcssinfo@leduc-county.com
- ▶ Learn more at leduc-county.com/community-family

New Sarepta

▶ 780-941-2382

Town of Calmar

▶ 780-985-3604

Town of Devon

▶ 780-987-8325

Town of Thorsby

▶ 780-789-4004

City of Leduc

▶ 780-980-7109

City of Beaumont

▶ 780-929-1006

Village of Warburg

▶ 780-848-2828

Information, referral and advocacy

- ▶ Provide information about community resources such as housing, food, legal services, health, mental health and income support.
- ▶ Support people in accessing local resources and assist in coordinating services.
- ▶ Connect people who are homeless or at risk of being homeless with local resources.

Setting goals and building skills

Provide short-term support for individuals and families, assist them to set goals and build on their strengths in life to help them cope and be resilient.

- ▶ Assist seniors and caregivers to plan for future needs as they age.
- ▶ Assist people to acquire new knowledge, attitudes, skills and behaviours.
- ▶ Assist individuals and families to develop conflict resolution, problem-solving skills, communication skills, healthy relationship-building skills, friendship skills and positive self-esteem.

Developing community

- ▶ Host community events and workshops to encourage community connection.
- ▶ Raise awareness about social issues and resources available through campaigns and events.
- ▶ Provide information sessions and workshops on a range of topics.
- ▶ Promote social well-being; the extent to which you feel a sense of belonging and inclusion in your community.

Financial empowerment

Explore how you can pay your bills, manage your debt, afford basic necessities and get ahead. The program is free and confidential. Trained staff are here to listen and learn about what is important to you, offer you options and provide information based on your needs and interests. You take the lead and set the pace. Your knowledge and living experience is unique to you.

One-to-one sessions are available to help you:

- ▶ Get ready for income tax filing and file your taxes for free or learn how to file your own taxes.
- ▶ Learn about the subsidies, grants, benefits and supports that may be available to you.
- ▶ Get assistance with applications for grants and subsidies.
- ▶ Identify the financial challenges that are holding you back.
- ▶ Create action plans to meet your goals and improve financial health.
- ▶ Access the right support and services with helpful referrals to community agencies that provide specialized financial information and support.
- ▶ Increase your basic money management skills so you can reduce debt, grow savings, build assets and make informed financial decisions.

Counselling subsidy

A subsidy is available for individuals, couples and/or families who are struggling with common, everyday issues to access short-term preventative counselling services. The goals are to:

- ▶ Improve relationships with better communication and conflict-resolution skills.
- ▶ Improve mood with anger management and emotional support.
- ▶ Enhance personal growth with creativity, spirituality, self esteem, self awareness and goal setting.
- ▶ Improve parenting skills by focusing on attachment.
- ▶ Reduce stress with life balance.
- ▶ Learn new behaviours.

The cost of counselling can be a barrier for many. This subsidy is available to those who do not have access to coverage through health benefits or employee benefits and whose family income is less than \$75,000 per year.

Counselling services are provided by several partnering counselling clinics in the Leduc region using a variety of counselling methods.

Individual, couple, family and group therapies are available.

Housekeeping subsidy

A subsidy is available to assist seniors and adults with disabilities with household tasks to live as independently as possible in their own safe, clean and comfortable homes.

To be eligible, you must be a senior (65+) or an adult with a disability or inability to complete household tasks and meet income thresholds. Income thresholds may change each July to reflect Seniors Financial Assistance program changes provided by the Government of Alberta.

Housekeeping fees are determined based on family income level and eligibility to other subsidies. The services are provided through a partnership with local service providers.

Seniors who are eligible for subsidy from the Government of Alberta will be assisted with applications.

Seniors Assisted Transportation Subsidy

The cost of transportation can be a barrier for many rural seniors. Leduc County provides a subsidy to eligible adults (65+) who need transportation for medical appointments.

Applicants must be:

- ▶ A resident of Leduc County, Town of Calmar, Town of Thorsby, or Village of Warburg.
- ▶ Sufficiently mobile that they can enter/exit vehicles on their own.

Seniors 65 to 79 years are eligible for five free round trips per year for medical appointments. Seniors 80 years + are eligible for 10 free round trips per year for medical, recreational, social or supportive needs.

All participants are required to purchase a Drive Happiness annual membership, which is determined based on household income. Call Drive Happiness at 780-424-5438 or 1-888-336-4503, or apply at your local FCSS office.

Family Resource Network (FRN)

- ▶ 780-979-2385
- ▶ frn@leduc-county.com

Provincial Family Resource Networks (FRNs) deliver high quality prevention and early intervention services and supports for families with children aged 0 to 18.

Programming focuses on three core areas: child development and well-being supports, caregiver capacity building supports and social connections supports. These supports center on strengthening parent and caregiver knowledge, coping and problem-solving skills, access to community resources, improving child and youth development, building resiliency and fostering well-being.

Leduc County FRN offers the following supports as well as referrals for cultural supports offered through Creating Hope Society:

- ▶ **Home visitation:** short- and long-term support, mentorship and advocacy for families who request support due to varying factors such as multiple births, child development, referral and information. Intakes can be completed anytime starting pre-natally up until the baby is one-year old.
- ▶ **Parent education:** information, referrals and parenting workshops such as Positive Discipline for Everyday Parenting, Circle of Security, Nobody's Perfect and Kids Have Stress Too. Participation is open to all community members.
- ▶ **Family support:** in-home support for families identifying a need for support who have children 1 to 18 years old. Information related to parenting and child development and connections to other supports in the community.

Community Helpers Program: Leduc County FRN offers the Alberta Health Services Community Helpers Program, which is a suicide prevention program that is targeted for youth and adults aged 12 and over. The program provides opportunities to strengthen support skills and learn more about mental health issues and suicide prevention. It enhances programs that reduce the risk of suicide and encourages youth and young adults to ask for help when they need it.

Bridges FASD Program

Serving residents of Leduc County, Leduc, Beaumont, Calmar, Devon, New Sarepta, Thorsby and Warburg.

► 780-979-2385

Provides supports and services for adults diagnosed with or who may have Fetal Alcohol Spectrum Disorder (FASD).

Addiction and mental health resources

Addiction and Mental Health – Child and Adolescent Mental Health Walk-In Service: Leduc

Centre Hope | 2nd floor, 4906 49 Avenue | Leduc, AB

► 780-986-2660

► www.albertahealthservices.ca

Walk-in clinic for children, youth and their caregiver seeking mental health or substance use concerns. This service offers a 50-minute, solution-focused, single therapy session on a first-come, first-serve basis with a focus on exploring specific issues and possible solutions. Parent/caregiver attendance is preferred to support the child/youth. Families can call ahead to determine wait times.

Addiction and Mental Health - Adult Community Services

Center Hope | 2nd floor, 4906 49 Avenue | Leduc, AB

Provides clinic based assessment and treatment for adults who are experiencing mental health concerns and/or addictive behaviours. Individuals will often have complex needs, with some needing more support and treatment, but are able to live independently or with minimal support. Care is coordinated by a mental health provider and/or addiction counsellor, services are tailored to the individual clients and length of treatment is mutually determined.

Alberta's Virtual Opioid Dependency Program (VODP)

- ▶ 1-844-383-7688
- ▶ Emergency physician after hours access: 1-403-783-7770
- ▶ www.vodp.ca

The VODP program uses technology to connect clients with the care they need. VODP can provide same-day medication starts and also help connect you with other care providers through its transitions program and ongoing opioid dependency care (seven days per week).

Black Gold Mental Health Capacity Building Program

Black Gold School Division | 3rd floor, 1101 5 Street | Nisku, AB

- ▶ 587-590-4033
- ▶ email: cherie.corcoran@gshare.blackgold.ca
- ▶ <https://sites.google.com/gshare.blackgold.ca/mental-health/>

Mental Health Capacity Building (MHCB) works to promote positive mental health in children, youth and families in the communities where they live.

Kickstand Connect

- ▶ www.mykickstand.ca

Kickstand Connect is a free, confidential virtual clinic designed for Alberta's young people. It is a free virtual therapy clinic for youths aged 11 to 25 in Alberta. Book a session for mental health counselling, substance use support, or peer support - all at no cost and no waitlists. The website offers a resource and information section for parents and/or caregivers.

Family violence resources

CARVSS (Central Alberta Regional Victim Serving Society)

If in crisis, please call 911

- ▶ 780-980-7232
- ▶ email: leduc@carvss.ca
- ▶ www.carvss.ca

CARVSS provides emotional support and debriefing for those affected by a crisis event. They ensure that victims of crime and tragic circumstances understand their rights, have access to available services, and are supported in navigating the justice system.

Riseup Society Alberta

5908 50 Street | Leduc, AB

- ▶ 780-739-7473
- ▶ email: info@riseupsociety.ca
- ▶ www.riseupsociety.ca

Through counselling, support and education, Riseup brings hope and healing to those impacted by domestic abuse, and educates and empowers communities to end that abuse. Riseup offers workshops and seminars, support and recovery groups, healing retreats and individual counselling.

Financial resources

Please contact your local FCSS office for information on subsidies and grants you may be eligible for.

Alberta Supports

- ▶ 1-877-644-9992
- ▶ www.alberta.ca/income-support-how-to-apply
- ▶ Online applications: myalbertasupports.alberta.ca/CitizenPortal/application.do

Alberta Supports can help you access more than 30 programs and 120 services for seniors, people with disabilities, job seekers, parents and families, homelessness, abuse and family violence prevention.

Leduc Alberta Supports Centre

50th Street Leduc Plaza, #202, 4809 43A Avenue | Leduc, AB

24-hour Emergency Income Support Contact Centre

- ▶ 780-644-5135 or 1-866-644-5135
- ▶ www.alberta.ca/emergency-financial-assistance.aspx

Albertans can call the Income Support Contact Centre 24-hours a day throughout the year to get help in an emergency with basic needs like shelter, food, clothing and transportation.

Food, clothing and shelter

- ▶ ***Find a shelter: www.alberta.ca/find-shelters***

Leduc and District Food Bank (LDFB)

#201, 6051 47 Street | Leduc, AB

- ▶ 780-986-5333
- ▶ www.ldfb.ca

Serving the communities of Beaumont, Calmar, Devon, Leduc, Leduc County, New Sarepta, Nisku, Thorsby and Warburg.

The LDFB works on an appointment only basis for food hampers on Mondays, Wednesdays and Fridays from 8:30 a.m. to 4 p.m. (closed holidays). Intake calls are completed in the morning and appointments are scheduled for the same afternoon. Appointments are not pre-booked.

Meals on Wheels

Delivers meals at a low cost to those in need. Contact your local FCSS office to find out who to contact in your area for this service.

This service may not be available in all areas.

ReStore Leduc

#222, 3601 82 Avenue | Leduc, AB

► 587-453-0914

Habitat for Humanity operates a social enterprise called ReStore that sells donated home furnishings, appliances, and other renovation materials to the public at a discounted rate. Every Habitat ReStore is unique, offering a one-of-a-kind shopping experience for those looking to add something new to their homes. The inventory is constantly changing at each location, with new items being donated by local residents and businesses daily. All proceeds help families gain access to affordable homeownership through Habitat for Humanity.

Salvation Army Thrift Store - Leduc

6102 50 Street | Leduc, AB

► 780-986-8861

Second-hand clothing and household items available at a low cost.

Second Glance Clothes Ltd.

5607 50 Street | Leduc, AB

► 780-986-1450

► email: secondglance@shaw.ca

Provides low-cost, second-hand clothing, household items and much more. Proceeds generated from the sale of donated items provide the basis for the grant program, which assists many local community groups. Contact your local FCSS office to access the emergency relief gifts-in-kind donations program.

Society of Saint Vincent de Paul - Leduc

► 780-984-0069

► email: ssvpleduc@gmail.com

Provides emergency assistance to those in need. Volunteers visit your home to provide support and determine appropriate assistance. Help can be offered in the form of food, furniture, household items, financial assistance for partial rent or utilities, referrals to



existing community support programs, advocacy and a listening ear. Donations are also accepted.

Thorsby Seniors Centre and Thrift Store

4812 51 Street | Thorsby, AB

► 780-996-5131

New and used clothing for all ages, shoes, boots, bedding, housewares, kitchen ware, glassware, crystal, antiques, small appliances, small furniture, hardware, office items, books, puzzles, DVDs, toys, pictures, décor.

WeCan Food Basket Society

#201, 6051 47 Street | Leduc, AB

► 780-986-0056

A not-for-profit organization dedicated to providing affordable food security to community members throughout the Leduc area. With the WeCan Food Basket Society, families and individuals can buy fresh meat and produce each month for more than 25 per cent off retail grocery store prices. Orders may be dropped off to the food bank by the first Friday of the month and picked up at the food bank by the third Thursday of the month.

Housing resources

Leduc Regional Housing Foundation

5118 50 Avenue | Leduc, AB

► 780-986-2814

► General inquiries: info@leduregionalhousing.ca

► Applications: housing@leduregionalhousing.ca

► www.leduregionalhousing.ca

Provides affordable accommodation and services to seniors, individuals and families within the geographical area of Leduc County. Also offers supportive living (lodge), seniors apartments, affordable community housing and rent assistance benefit.

Learning, literacy and career development

Career Assistance Network

#100, 4810 50 Avenue | Leduc, AB

- ▶ 825-221-1170
- ▶ email: contact@rdcan.ca
- ▶ www.rdcan.ca

The Career Assistance Network offers one-on-one career support, career and job search workshops, employment training programs and custom resume development services. Service available most Thursdays from 9:30 a.m. to 2 p.m. Appointments are recommended.

Directions for Wellness Inc. (DFWI)

4810 50 Avenue | Leduc, AB (The Light House Cowork)

- ▶ 780-986-0188 or toll-free: 1-855-624-4477
- ▶ email: webmaster@dfwi.ca
- ▶ www.dfwi.ca

DFWI Career Services focuses on personal and professional aspects of an individual's life to help succeed in both. Focus is on personal development, career development, employment services and support for employers. Programs offered at no cost to residents or employers.

Leduc Adult Learning (LAL)

c/o Leduc Public Library

2 Alexandra Park | Leduc, AB

- ▶ 780-915-9835
- ▶ email: Learn@leducadulthoodlearning.ca
- ▶ www.leducadulthoodlearning.ca

LAL offers learning opportunities to adults in Leduc and surrounding areas, including learner support for essential skills and foundational learning, English literacy, upgrading, mentorship, career planning, as well as information sessions, workshops and other courses tailored to community needs and interests.

Selections Career Support Services

#101, 4706 49 Avenue | Leduc, AB

- ▶ 780-461-5270
- ▶ email: CRAFT@selectionscareer.com or info@selectionscareer.com
- ▶ www.selectionscareer.ca

Selections Career Support Services is a program that serves all women (18+) who are:

- ▶ considering a career in construction
- ▶ unemployed or marginally employed
- ▶ legally entitled to work in Canada (Canadian citizen, permanent resident, or refugee)
- ▶ a resident of Leduc County area
- ▶ facing any barriers to employment

Newcomers resources

Action for Healthy Communities (AHC)

#100, 4810 50 Avenue | Leduc, AB (The Light House Cowork)

- ▶ 780-235-1763
- ▶ email: jereecah.dc@a4hc.ca
- ▶ www.a4hc.ca

AHC is a not-for-profit settlement organization funded by Immigration, Refugees and Citizenship Canada to provide services to immigrants and refugees on behalf of the Government of Canada.

C.L. Whole You Foundation

- ▶ 1-587-573-2598
- ▶ www.clwholeyoufoundation.ca

C.L. Whole You Foundation programs are designed to support personal growth, mental wellness, and community building and focus on inclusivity and evidence-based practices to serve diverse populations, including BIPOC, LGBTQIA2S+, and newcomers to Canada. Provides affordable and accessible counselling services, community supports, group workshops, and life coaching.

Resources for children, youth and families

BGC Leduc

4330 Blackgold Drive | Leduc, AB

- ▶ 780-986-3121
- ▶ www.bgcleduc.com

The Boys & Girls Club of Leduc offers programs for children and youth such as after school programs, summer camps and other events throughout the year.

Leduc - Strathcona Services for Children

- ▶ 780-986-3993
- ▶ email: leducoffice@servicesforchildren.ca
- ▶ <https://servicesforchildren.ca>

Leduc-Strathcona Services for Children is a licensed family day home agency committed to providing quality childcare to families in the Leduc, Beaumont, Calmar, Thorsby, Warburg, Parkland County, Devon, Sherwood Park, Cooking Lake, New Sarepta and Edmonton areas.

Transportation

Drive Happiness

9916 45 Avenue NW | Edmonton, AB

- ▶ 780-424-5438 or 1-888-336-4503
- ▶ email: info@drivehappiness.ca
- ▶ www.drivehappiness.ca/ride-program

A seniors-assisted transportation program provided to eligible riders (65 and older and sufficiently mobile) by volunteer drivers. Annual membership and per-ride rates apply.

Leduc Assisted Transportation Service (LATS)

- ▶ 780-980-8444
- ▶ www.leduc.ca/residents/leduc-transit/assisted-services

Door-to-door, driver-assisted transportation service for seniors (65 and older) and for persons with cognitive and/or physical disabilities within the City of Leduc. Temporary service may be available to individuals with a temporary disability. Only registered LATS clients can book trips.

Leduc Transit

- ▶ 780-980-8444
- ▶ www.leduc.ca/residents/leduc-transit

Offers on-demand transit in the City of Leduc and to the Nisku Business Park. It also operates two routes that allow you to get to Edmonton, Nisku, Amazon, the Edmonton International Airport, the Premium Outlet Collection, and around Leduc.

Seniors buses

Beaumont

- ▶ 780-929-5333
- ▶ www.beaumontseniors.net

Weekly shopping trip shuttle to Edmonton.

Devon

- ▶ 780-910-1960 (ring and ride)
- ▶ 780-987-8325 (Town of Devon FCSS)
- ▶ devon.ca/Services/Town-Services/Everyones-Community-Bus

Community bus service around Devon on Tuesdays and Thursdays.
Service from Devon to Leduc on Mondays.

New Sarepta

- ▶ 780-941-2382

Bus trips available for special events.

Warburg

- ▶ 780-848-2828
- ▶ 780-848-7177 *Cloverleaf Manor: bus service to Leduc
Thursdays. \$8 for a round trip.

Bus service is currently available for private rental.

Seniors centres

Beaumont 50+ Club / Le Rendez-Vous

5204A 50 Avenue | Beaumont, AB

- ▶ 780-929-5333
- ▶ email: beaumont50plusclub@gmail.com

Calmar and District Senior Citizens Assn.

4916 50 Avenue | Calmar, AB

- ▶ 587-988-3636

Devon Pioneer 73 Club

29 St. Lawrence Avenue | Devon, AB

- ▶ 780-987-4822
- ▶ email: devonp73club@gmail.com

Leduc and District Senior Centre

Telford House, 4907 46 Street | Leduc, AB

▶ 780-986-6160

email: telfordhouse@shaw.ca

New Sarepta Golden Pioneers

5088 1 Avenue S | New Sarepta, AB

▶ 780-941-2382

Thorsby Seniors Centre

4812 51 Street | Thorsby, AB

▶ 780-789-2182

Warburg Seniors Centre

5212 51 Street | Warburg, AB

▶ 780-848-7717

Libraries

Bibliothèque de Beaumont Library

5700 49 Street | Beaumont, AB

▶ 780-929-2665

▶ email: library@beaumontlibrary.com

Calmar Public Library

4705 50 Avenue | Calmar, AB

▶ 780-985-3472

▶ email: calmarlib@mchsi.com

Devon Public Library

#101, 17 Athabasca Avenue | Devon, AB

▶ 780-987-3720

▶ email: devon@devonpubliclibrary.ca

Leduc Public Library

2 Alexandra Park | Leduc, AB

▶ 780-986-2637

▶ email: infodesk@leduclibrary.ca

New Sarepta Public Library

5150 Centre Street | New Sarepta, AB

▶ 780-975-7513

email: newsareptallibrary@yrl.ab.ca

Thorsby Municipal Library

4901 48 Avenue | Thorsby, AB

▶ 780-789-3808

▶ email: thorsbypublib@yrl.ab.ca

Warburg Public Library

5212 50th Avenue | Warburg, AB

▶ 780-848-2391


▶ email: warburglibrary@yrl.ab.ca

*To learn more about programs, events and resources
Leduc County offers visit: **leduc-county.com***



1101 5 Street, Nisku, AB T9E 2X3

phone: 780-955-3555 **fax:** 780-955-3444
leduc-county.com

 **leduccounty**

 **@leduccounty**