

Printable goal chart - Aging well in Leduc County

This chart is the expanded version of the one found in the Aging well in Leduc County workbook.

Copy your goals into each row	What is a task you can complete in the next three to six months?	What is a task you can complete in the next six to 12 months?
1		
2		
3		
4		
5		
6		
7		
8		
9		

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Copy your goals into each row	What is a task you can complete in the next three to six months?	What is a task you can complete in the next six to 12 months?
10		
11		
12		
13		
14		
15		
16		
17		
18		

